

The Catholic Community Mass of Anointing and Healing

with Fathers Sauer and Mountain concelebrating, will be held on the Feast of the Holy Rosary, Tuesday, October 7th at 2:00 p.m. at Sacred Heart. Confessions will be heard at 1:30 p.m. and after Mass if needed. The rosary will be recited at 1:40 p.m.

All parishioners of Sacred Heart, St. Joseph, Christ the King, Corpus Christi and Holy Trinity parishes are welcome to attend.

The Anointing of the Sick will take place during the Mass. Please note—this is an afternoon Mass this fall at the request of parishioners. If you have any questions, call the Sacred Heart office (451-1588) during business hours.

We are planning the **Vatican Splendors group trip** to the St. Paul History Center for Saturday, November 8. Here is what we've got planned:

Optional Daily Mass at St. Joe's at 8:00 a.m.

Load bus to St. Paul 8:30-9:00 a.m. (Bus departs at 9:00 a.m.)

Tour exhibit beginning at 10:45 a.m.

Return to Owatonna by about 3:00 p.m.

Deacon Adam McMillan will be our group leader (on site/with the group for any questions, help, etc.)

Cost 0 \$40 per person and include entrance fees, transportation to/from St. Paul, and all taxes and gratuities.

We must have min of 40 participants by October 8. Costs are non-refundable and all payments will due by October 20. Our max number of attendees is 55 people.

The Vatican Spendor has many rare and interesting artifacts about the Catholic Church and the Vatican.

Worldwide Marriage Encounter Weekend

Marriage is a journey! A Worldwide Marriage Encounter Weekend can help you enrich your marriage and add some pizzazz to your journey. Whether you've been married 1 year or 50, a Marriage Encounter Weekend may be just the thing you need to put a breath of fresh air into your relationship. Upcoming weekends will be held November 21-23, 2008 and February 13-15, 2009 at Shalom Hill Retreat Center near Windom and March 13-15, 2009 in Marshall. For more information or to register, contact Jeff and Rondi Kodet at 507-644-3523 or jrek@redred.com or visit our website at www.wwmeSection8.org

Theology of the Body Class

"Created and Redeemed Theology of the Body Class" will begin on Monday, October 6th from 6:30 to 8:00 p.m. and go to Monday, November 24th. It will be at Sacred Heart in the Parish Center.

These classes are an Adult Faith Formation program on the Universal message of Pope John Paul's "Theology of the Body" taught by Christopher West, author and video host. Christopher West shares "God's original plan for marriage an sexuality and how an understanding of this plan gives profound meaning to all of our lives—married, single, and consecrated celibates."

"Christopher West's ability to present Pope John Paul's profound insights in a language everyone can understand has helped to create an international groundswell of interest in the Theology of the Body and made Christopher West one of the most sought after speakers in the Catholic Church today."

All are welcome. Cost is \$20 to cover the books. Contact the Sacred Heart office at 451-1588 as soon as possible to register.

Did You Know that.....

- 14 plastic bags contain enough petroleum to drive a car a mile.
- 380 billion plastic bags or wraps are thrown away in America each year.
- No paper bags biodegrade in landfills due to a lack of oxygen.
- Cities spend up to 17 cents per bag in disposal costs, wasting millions of tax dollars.
- Purchase a cloth bag at your stores and use that instead of plastic bags.